

wife. WITHIN

Welcome to the very first Wife Within study series: Identify Her.

Before we study wives, relationships, marriage, or covenant, we must first study the woman in the mirror.

In a world that constantly tells women who they should be, what they should look like, what they should accomplish, and who they should marry, many women have lost sight of one important question:

Who am I?

Not who am I when someone chooses me.

Not who am I when I receive a title.

Not who am I when I become a wife.

But who am I right now?

Too often, women build their identity around seasons, titles, accomplishments, relationships, and responsibilities. Yet when those things change, many find themselves questioning their worth, purpose, and value.

Over the next five weeks, we will examine what it means to become the woman God created us to be. We will explore identity, purpose, wisdom, preparation, and biblical womanhood through the lens of Scripture and the lives of women who walked before us.

At the center of this series is the Proverbs 31 woman.

She is often viewed as an impossible standard, but she was never intended to be a checklist. She is a picture of a woman whose life reflects wisdom, strength, stewardship, dignity, faith, and influence. She is not one woman. She is the blueprint of what God calls excellent.

Throughout this journey, we will discover that before the Proverbs 31 woman managed a household, built wealth, influenced her family, or strengthened her community, she possessed something even more important: **She knew who she was.**

Because before you can identify the wife, the leader, the mother, the entrepreneur, the helper, or the influencer, you must first identify the woman.

My prayer is that through this study you will gain clarity, confidence, healing, and a deeper understanding of your God-given identity. You are not here to become someone else. You are here to discover the woman God created you to be.

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WHAT IS IDENTITY?

Identity is the unique set of qualities, beliefs, personality traits, and expressions that define who a person is or what a group represents. It encompasses both an individual's internal sense of self and the external factors, such as culture and social roles, that shape how they are recognized.

Identity is:

- Who God says you are
- The truth about you beyond feelings
- Your spiritual position
- Your value apart from performance
- Your God-given nature and purpose

Identity answers:

- Who am I?
- What am I worth?
- Why am I here?
- What kind of woman am I becoming?

Be sure not to make idols out of identity!

HonesTea Moment: Do you know who you are?



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"Who Am I Without the Title?"

Key Scriptures:

Psalms 139:14

Ephesians 2:10

Proverbs 31:25

Discussion Questions:

Who are you when no one is choosing you?

What areas of your identity still need healing?

Have you confused desirability with worth?

Journal Prompt:

"What version of myself have I been trying to become for acceptance?"

This Week's Prayer Focus:

God I thank you for healing any insecurities that I may be carrying. I thank you for helping me to establish my identity in God.

